

**Di seguito il Programma definitivo della 1<sup>a</sup> Coppa Italia Junior e Senior che si terrà al Palavela il 26-27 Ottobre 2024.**

SABATO 26/10/2024

- **Ore 08.00** Apertura Venue
- **Ore 09.00** inizio competizioni
- **Ore 19:00** fine Competizioni e premiazioni atleti

DOMENICA 27/10/2024

- **Ore 08.00** Apertura Venue
- **Ore 09.00** Inizio competizioni
- **Ore 14.00** fine Competizioni e premiazioni atleti

Segue programma dettagliato della competizione.

Giorno	Orario	Attività	Distanza	Descrizione	Personale Coinvolto	Luogo	Note importanti
25-ott	16:00	Apertura accrediti				Palavela	
	17:00						
	18:00						
	18:30	Formazione volontari			Sport&Venue	Palavela	
	19:00						
	20:00	Chiusura Accrediti				Palavela	
26-ott	08:00	Apertura Venue					
	08:30	meeting team leader					
		<b>Inizio Gare</b>					
	09:00	GP junD	777m	Quarter Finals	1 - 7		
	09:25	GP Women	1500m	Quarter Finals	8 - 12		
	09:48	GP Men	1500m	Quarter Finals	13 - 18		
	10:16	<i>Ice Res (Track)</i>					
	10:26	GP junD	333m	Heats	19 - 27		
	10:50	GP Women	500m	Heats	28 - 35		
	11:12	GP Men	500m	Heats	36 - 43		
	11:34	<i>Ice Res (Track)</i>					
	11:44	GP junD	500m	Heats	44 - 51		
	12:12	GP Women	1000m	Heats	52 - 59		
	12:41	GP Men	1000m	Heats	60 - 67		
	13:10	<i>Ice Res (Track)</i>					
	13:20	<i>Other Events</i>					
	13:40	GP junD	777m	Repechage QS	68 - 72		
	13:58	GP Women	1500m	Repechage QS	73 - 75		
	14:12	GP Men	1500m	Repechage QS	76 - 79		
	14:30	<i>Ice Res (Track)</i>					
	14:40	GP junD	333m	Repechage HS	80 - 85		
	14:56	GP Women	500m	Repechage HS	86 - 90		
	15:10	GP Men	500m	Repechage HS	91 - 95		
	15:24	<i>Ice Res (Full)</i>					
	15:39	GP junD	1000m	Semi Final	96 - 98		
	15:51	GP Women	1500m	Semi Final	99 - 101		
	16:05	GP Men	1500m	Semi Final	102 - 104		
	16:18	<i>Ice Res (Track)</i>					
	16:28	GP junD	1000m	Final	B 105		
	16:33	GP junD	1000m	Final	A 106		
	16:37	GP Women	1500m	Final	B 107		
	16:42	GP Women	1500m	Final	A 108		
	16:47	GP Men	1500m	Final	B 109		
	16:52	GP Men	1500m	Final	A 110		
	16:57	<i>Ice Res (Track)</i>					
	17:07	GP junD	333m	Quarter Finals	111 - 114		
17:18	GP Women	500m	Quarter Finals	115 - 118			
17:29	GP Men	500m	Quarter Finals	119 - 122			
17:40	<i>Ice Res (Full)</i>						
17:50	GP junD	333m	Semi Final	123 - 124			
17:56	GP Women	500m	Semi Final	125 - 126			
18:02	GP Men	500m	Semi Final	127 - 128			
18:08	<i>Ice Res (Track)</i>						
18:18	GP junD	333m	Final	B 129			
18:22	GP junD	333m	Final	A 130			
18:25	GP Women	500m	Final	B 131			
18:28	GP Women	500m	Final	A 132			
18:31	GP Men	500m	Final	B 133			
18:35	GP Men	500m	Final	A 134			
18:38	<i>Ceremony</i>						
18:48	<b>Fine</b>						

<b>27-ott</b>									
08:00	Apertura Venue								
08:30	Team Leader Meeting								
<b>Inizio Gare</b>									
09:00	GP junD	500m	Repechage HQ	135 - 140					
09:20	GP Women	1000m	Repechage HQ	141 - 145					
09:38	GP Men	1000m	Repechage HQ	146 - 150					
09:57	<i>Ice Res (Track)</i>								
10:07	GP junD	500m	Quarter Finals	151 - 154					
10:22	GP Women	1000m	Quarter Finals	155 - 158					
10:38	GP Men	1000m	Quarter Finals	159 - 162					
10:54	<i>Ice Res (Track)</i>								
11:04	GP junD	500m	Semi Final	163 - 164					
11:11	GP Women	1000m	Semi Final	165 - 166					
11:18	GP Men	1000m	Semi Final	167 - 168					
11:25	<i>Ice Res (Track)</i>								
11:35	GP junD	500m	Final	B 169					
11:39	GP junD	500m	Final	A 170					
11:42	GP Women	1000m	Final	B 171					
11:46	GP Women	1000m	Final	A 172					
11:50	GP Men	1000m	Final	B 173					
11:53	GP Men	1000m	Final	A 174					
11:57	<i>Ice Res (Full)</i>								
12:12	D Women Relay	2000m	Final	175					
12:18	D Men Relay	2000m	Final	176					
12:24	GP1 Women Relay	3000m	Final	177 - 178					
12:38	GP1 Men Relay	3000m	Final	179 - 180					
12:52	<i>Ceremony</i>								
13:22	<b>Fine</b>								